

A close-up photograph of the IODOFLEX dressing layers. The top layer is a yellow mesh fabric. Below it is a thick, brown, textured layer. The bottom layer is a grey, textured material. The layers are slightly overlapping and angled.

IODOFLEX Case Series

 **smith&nephew**
IODOFLEX[®]
Cadexomer Dressing with Iodine

The use of IODOFLEX[◇] on Bilateral Heel Ulcers

Sue Murray/Ann Pardoe Tissue Viability Service, Handsworth Avenue Health Centre, Handsworth Avenue, London, E4 9PD

Background

81 year old lady who lives in her own home and has carers attend 4 times a day. Referred to the Tissue Viability Service with a Category 3 pressure Ulcer to both heels.

Patient's Medical History – Diabetic, Bedbound and Vitamin D deficiency.

Previous dressing application was 3 times per week.

Current treatment: INTRASITE[◇] Gel and ALLEVYN[◇] Heel



Wound assessment and treatment

- Initial assessment by the Tissue Viability Associate Nurse.
- Doppler ultrasound assessment showed a reading of 0.5 to both legs.

Bilateral heel wounds dressed with IODOFLEX and ALLEVYN Heel

Follow up visits at 2 weeks and 4 weeks.

At the first 2 week visit almost complete debridement of both heels.

4 weeks completely healed.



The use of DURAFIBER[®] to a Dehisced Surgical Wound

Sue Murray Tissue Viability Service, Handsworth Avenue Health Centre, Handsworth Avenue, London, E4 9PD

Background

66 year old fully self caring gentleman who usually lives in his own home. Admitted to hospital and had a transverse Colectomy for colonic polyps.

Discharged from hospital 16 days later with referral to District Nurses for Negative Pressure Wound Therapy.

Current treatment: negative pressure wound therapy



Wound assessment and treatment

- Initial assessment by the Tissue Viability Associate Nurse. Negative pressure wound therapy discontinued as patient developed a hernia close to stoma site causing patient considerable discomfort.

Wounds dressed with DURAFIBER twice weekly.

Follow up visit 2 weeks later showed significant epithelialisation and reduction in size of wound.

Complete healing in 4 weeks and ileostomy now reversed.



The use of IODOFLEX[◇] following Right femoral Embolectomy with calf compartment fasciotomies (Rehman)

Sue Murray/Ann Pardoe Tissue Viability Service, Handsworth Avenue Health Centre, Handsworth Avenue, London, E4 9PD

Background

25 year old gentleman who lives at home with his parents. Referred to the Tissue Viability Service with fasciotomie wounds.

No past medical history.

Current treatment: INTRASITE[◇] Gel and NATM Ultra daily for past 4 to 5 weeks with very little improvement.



Wound assessment and treatment

- Initial assessment by the Tissue Viability Associate Nurse.
- Sloughy wound bed.
- Exudate level moderate.

IODOFLEX applied to the wound bed.

Covered with ALLEVYN[◇] Gentle Border.

Improvement seen two weeks later.

After a further two weeks the wound continued to heal.

Follow up visits at 2 weeks and 4 weeks.



The use of IODOFLEX[◇] on a Leg Ulcer

Sue Murray/Ann Pardoe Tissue Viability Service, Handsworth Avenue Health Centre, Handsworth Avenue, London, E4 9PD

Background

32 year old lady. Referred to the Tissue Viability Service with a leg ulcer

Patient's medical history – obesity 26 stone, recurrent leg ulcers

Current treatment: AquacelTM and compression bandaging changed twice weekly



Wound assessment and treatment

- Initial assessment by the Tissue Viability Associate Nurse.

Leg ulcer dressed with IODOFLEX and compression bandaging.

Follow up visit 5 days later.

2 weeks later



The use of IODOFLEX[◊] on a Pressure Ulcer to the Elbow

Sue Murray/Ann Pardoe Tissue Viability Service, Handsworth Avenue Health Centre, Handsworth Avenue, London, E4 9PD

Background

83 year old lady who lives in a nursing home. Referred to the Tissue Viability Service with a grade three pressure Ulcer to the Left Elbow

Patient's medical history – Rheumatoid arthritis 2001. Stroke which left the patient's Left side weak

Previous dressing: INTRASITE[◊] Gel with ALLEVYN[◊] Gentle Border to cover three times a week.



Wound assessment and treatment

- Initial assessment by the Tissue Viability Associate Nurse.
- Sloughy wound bed

IODOFLEX applied to the wound bed.

Covered with ALLEVYN[◊] Gentle.

Three weeks later ulcer debriding and feeling less painful

Continue with IODOFLEX twice a week.



The use of IODOFLEX[◇] on a spine wound and DURAFIBER[◇] to Sacral pressure Ulcer

Sue Murray/Ann Pardoe Tissue Viability Service, Handsworth Avenue Health Centre, Handsworth Avenue, London, E4 9PD

Background

86 year old lady who lives in her own home. Referred to the Tissue Viability Service with a Category 4 Pressure Ulcer to the sacrum and Category 3 to her spine.

Patient's Medical History – Dementia, Arthritis, Right Total Hip replacement, Fracture of Right Humerous

Nursed on a NimbusTM 3 mattress

Previous dressing: Sacrum – AquacelTM with ALLEVYN[®] Plus Sacrum.
Spine – Aquacel with ALLEVYN Gentle Border



Wound assessment and treatment

- Initial assessment by the Tissue Viability Associate Nurse. Spine wound dressed with **IODOFLEX** and **ALLEVYN Gentle Border**. Sacrum dressed with **DURAFIBER** and **ALLEVYN Sacrum**.
- Ulcer to spine wound bed sloughy.
- Ulcer to sacrum exudate moderate, wound bed pink small areas of slough.

DURAFIBER applied to cavity

Follow up visit 14 days later.

Both wounds showing signs of improvement.



The use of IODOFLEX on a Leg Ulcer

Sue Murray/Ann Pardoe Tissue Viability Service, Handsworth Avenue Health Centre, Handsworth Avenue, London, E4 9PD

Background

79 year old lady who is nursed in a rehab unit. Referred to the Tissue Viability Service with ulcerated areas to toes on right leg and ulcer to tibial crest.

Patient's medical history – Type 2 diabetic, CVA, arterial disease, amputation of left toes and forefoot, hypertensive.

Current treatment: NATM dressing, PROFORE[®] #1 and crepe bandage.



Wound assessment and treatment

- Initial assessment by the Tissue Viability Associate Nurse.

IODOFLEX to toes and ulcer to tibial crest.

Reassessed 1 week later



The use of DURAFIBER[◇] to a Dehisced Surgical Wound

Sue Murray Tissue Viability Service, Handsworth Avenue Health Centre, Handsworth Avenue, London, E4 9PD

Background

32 year old lady who presented with an abdominal wound. A burn sustained following a long period of sitting with a laptop resting on abdominal. Referred to the Tissue Viability Service.

Patient's medical history: Included a Venous Leg Ulcer and Obesity

Previous treatment left the wound exposed

Current treatment: negative pressure wound therapy



Wound assessment and treatment

- Initial assessment by the Tissue Viability Associate Nurse.
- **IODOFLEX[◇]** applied to the wound bed.
- Covered with **ALLEVYN[◇] Gentle Border**

Dressed three times a week.

Slough starting to lift following one application.

To continue with IODOFLEX



The use of IODOFLEX[◇] to numerous small pressure ulcers

Sue Murray/Ann Pardoe Tissue Viability Service, Handsworth Avenue Health Centre, Handsworth Avenue, London, E4 9PD

Background

97 year old lady who lives in a care centre. Referred to the Tissue Viability Service with several small pressure ulcers to sacrum, ankle and toes

Patient's medical history – Dementia, Alzheimers, Diabetes Type 2

Current Treatment: INTRASITE[◇] Gel three times a week



Wound assessment and treatment

- Initial assessment by the Tissue Viability Associate Nurse.
- Sloughy wound bed
- Moderate amount of exudate.
- Ulcer over bunion x-ray revealed osteomyelitis.

Treated with a six week course of systemic antibiotics.

IODOFLEX applied to the wound bed and covered with ALLEVYN[◇] Gentle Border.

Ulcer over bunion site draining large amounts of purulent exudate.

Continued with IODOFLEX for eight to ten weeks and all wounds healed.



The use of IODOFLEX on a skin tear

Sue Murray Tissue Viability Service, Handsworth Avenue Health Centre, Handsworth Avenue, London, E4 9PD

Background

86 year old lady who lives in a residential home. Referred to the Tissue Viability Service with a skin tear to right forearm

Patient's medical history: included depression

Previous treatment: Aquacel™ with ALLEVYN® Gentle Border, three times per week for a 2 week period.



Wound assessment and treatment

- Initial assessment by the Tissue Viability Associate Nurse. Skin tear involved loss of epidermis and dermis.

Dressed with IODOFLEX and ALLEVYN Gentle Border.

Follow up visit 3 weeks later- wound healed.

Results

Patient reported no pain from the dressing.

Removal was simple and pain free



The studies in this booklet were supported by an unrestricted educational grant from Smith & Nephew Healthcare.

Wound Management

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